Physical Activity



Did you know?

The term den comes from animal habitats that they often build them for themselves in the wild!

MAKE A DEN

Making a den is a great way to transform your living room or bedroom and promotes imagination and creativity. You can create your own little world and decide whether anyone else is allowed inside!

Make your den from -

- Chairs & tables
- Sofa cushions
- Blankets
- Clothes driers, pegs and sheets
- Umbrellas



Add to your den -

- Fairy lights
- Pillows
- Blankets
- Toys and teddys
- Snacks

