



Week 1

# LUNCH

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Soup with Sourdough Bread & Toppings	<i>Homemade soup with sourdough bread &amp; Our range of Sensational Seeds</i>	<i>Homemade soup with sourdough bread &amp; Our range of Sensational Seeds</i>	<i>Homemade soup with sourdough bread &amp; Our range of Sensational Seeds</i>	<i>Homemade soup with sourdough bread &amp; Our range of Sensational Seeds</i>	<i>Homemade soup with sourdough bread &amp; Our range of Sensational Seeds</i>
Lunch Menu Week 1	<p><b>Buffet Day</b></p> <p>Buffet lunch with antipasti meats continental cheese, marinated olives &amp; vegetables, home made breads &amp; compound salads</p> <p>For those staying on &amp; going on excursions packed lunches will be provided</p>	<p>Chicken Korma with baked pilaf rice</p> <p>Lentil &amp; spinach Dhansak with baked pilaf rice</p> <p>Mini poppadum's</p> <p>Mango chutney</p> <p>Lime pickle</p> <p>Mini Naan bread</p>	<p>Traditional spaghetti beef bolognaise</p> <p>Vegan mince spaghetti bolognaise</p> <p>Tossed Caesar salad</p> <p>Parmesan cheese</p> <p>Crispy onions</p> <p>Sauté courgettes</p>	<p>Lamb Moussaka layered with char grilled aubergine &amp; sliced potato</p> <p>Vegetable Moussaka layered with char grilled aubergine, char grilled peppers &amp; sliced potato</p> <p>Spicy wedges</p> <p>Greek salad with feta &amp; olives</p> <p>Greek cabbage &amp; vegetable</p>	<p>Jumbo fish fingers with garlic Aioli</p> <p>Crispy fried halloumi fingers with garlic Aioli</p> <p>Skin on fries</p> <p>Minted crushed peas</p> <p>Panzanella salad</p>
Pasta & Potato Bar		<u>Choose from Our baked range</u> Jackets, sweet potato, jumbo courgettes, squash wedges	<u>Choose from Our Pasta range</u> Cavatappi pasta with parmesan & Dragon tomato sauce, pesto or ratatouille	<u>Choose from Our baked range</u> Jackets, sweet potato, jumbo courgettes, squash wedges	<u>Choose from Our Pasta range</u> Cavatappi pasta with parmesan & Dragon tomato sauce, pesto or ratatouille
Daily Salad Bar	Daily salad bar of basic salad items & compound mixed salads with dressings, toppings & homemade croutons	Daily salad bar of basic salad items & compound mixed salads with dressings, toppings & homemade croutons	Daily salad bar of basic salad items & compound mixed salads with dressings, toppings & homemade croutons	Daily salad bar of basic salad items & compound mixed salads with dressings, toppings & homemade croutons	Daily salad bar of basic salad items & compound mixed salads with dressings, toppings & homemade croutons
Fresh Fruit, Fruit Jelly & Yoghurt bar	Freshly cut fruit, flavoured fruit jelly & fruit yoghurt pots	Freshly cut fruit, flavoured fruit jelly & fruit yoghurt pots	Freshly cut fruit, flavoured fruit jelly & fruit yoghurt pots	Freshly cut fruit, flavoured fruit jelly & fruit yoghurt pots	Freshly cut fruit, flavoured fruit jelly & fruit yoghurt pots



Week 2

# LUNCH

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Soup with Homemade Bread & Toppings	Homemade soup with sourdough bread & Our range of Sensational Seeds	Homemade soup with sourdough bread & Our range of Sensational Seeds	Homemade soup with sourdough bread & Our range of Sensational Seeds	Homemade soup with sourdough bread & Our range of Sensational Seeds	Homemade soup with sourdough bread & Our range of Sensational Seeds
Lunch Menu Week 2	<p><b>Buffet Day</b></p> <p>Buffet lunch with antipasti meats continental cheese, marinated olives &amp; vegetables, home made breads &amp; compound salad</p> <p>For those staying on &amp; going on excursions packed lunches will be provided</p>	<p>Beef chilli con carne</p> <p>Vegan chilli</p> <p>Steamed rice Nacho chips</p> <p>Pea &amp; avocado mole</p> <p>Mature cheddar cheese</p> <p>Hand cut salsa</p> <p>Tossed quinoa salad</p>	<p>Chinese chicken stir fry with chow mien noodles</p> <p>Oriental style tofu with teriyaki sauce &amp; chow mien noodles</p> <p>Prawn crackers</p> <p>Dipping sauce bar</p> <p>Vegetable spring rolls</p> <p>Asian greens</p>	<p>Lamb Shephard's with crunchy mash top</p> <p>Lentil, squash &amp; spinach shepherds pie with crunchy mash top</p> <p>Steamed broccoli florets</p> <p>Roasted carrots</p> <p>Pan fried savoy cabbage</p>	<p><b>Friday Fish &amp; Chips</b></p> <p>Freshly battered haddock fillet with homemade tartare sauce &amp; lemon wedges</p> <p>Pumpkin, feta &amp; roasted pepper strudel</p> <p>French fries</p> <p>Baked beans</p> <p>Garden peas</p>
Pasta & Potato Bar		Choose from Our Pasta range Cavatappi pasta with parmesan & Dragon tomato sauce, pesto or ratatouille	Choose from Our baked range Jackets, sweet potato, Celeriac wedges, spiced aubergine wedges	Choose from Our Pasta range Cavatappi pasta with parmesan & Dragon tomato sauce, pesto or ratatouille	Choose from Our baked range Jackets, sweet potato, Celeriac wedges, spiced aubergine wedges
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